

Why Adina ABA?

- Family engagement
- A gentle approach – seeking “assent”
- Continuous training

Treatment includes:

- Individualized treatment plans
- 1-on-1 therapy
- School readiness
- Parent training

No Wait List

Most Major Insurances Covered



Mission

To provide gentle, high-quality, and comprehensive services to clients who are diagnosed with autism disorder, enabling them to live more productive lives.

Vision

To be known as the premier provider of ABA services in the region, one that others look to as the lighthouse of excellence.

Service Area

Now serving the Greater Dayton Area and surrounding suburbs.

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What is ABA?

ABA (**Applied Behavior Analysis**) is a scientific approach to understanding behavior. ABA refers to a set of principles that focus on how behaviors change or are affected by the environment, as well as how learning takes place.

The term behavior refers to the skills and actions needed to talk, play, and live. ABA focuses on increasing skill acquisition, social skills, and life skills, as well as reducing maladaptive behavior. It utilizes many forms of reinforcement to increase skills across different domains using a variety of techniques, such as DTT (**Discrete Trial Training**) or NET (**Natural Environment Training**).

Research shows that ABA therapy is most effective with an individualized treatment plan ranging between 25-40 hours per week.



Care Philosophy - “gently forward”

Adina ABA takes the gentle approach to treating the whole child. A vital aspect of our program is to seek “assent,” which focuses on respecting the autonomy of the client and ensuring their participation and comfort during therapy. It involves setting clear boundaries, providing ongoing training to staff, incorporating the client’s plan, and leaving behind harsh techniques of the past.

Our Process

The initial assessment is performed by a master’s-prepared, Board-Certified Behavior Analyst (**BCBA**). The client will receive a Functional Behavior Assessment, as well as a Skill Acquisition Assessment using evidence-based testing, such as the Verbal Behavior Milestone Assessment and Placement Program (**VB-MAPP**) and/or the VINELAND III.

Catering to clients aged 18 months to 18 years, Adina ABA addresses social, behavioral, and life skills of individuals diagnosed with autism spectrum disorder.

Family is a unit and essential to the treatment plan. Parents are involved every step of the way from the initial assessments to weekly, bi-weekly, or monthly parent training.

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